

September 2013

We reserve the right to alter the menu due to food availability.

Diabetic clients should not be given sugar and only bread upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Holiday No Meals	Spaghetti w/Meat Sauce Italian Blend Vegetables Garlic Bread Cherry Crisp 1% Milk	Turkey Sandwich 3 Bean Salad Marinated Tomatoes & Onions Apple 1% Milk	Chicken Gumbo Rice Carrot Coins Cornbread 1% Milk Sliced Peaches	Hawaiian Tilapia Scalloped Potatoes Broccoli & Cauliflower Wheat Roll 1% Milk Oatmeal Cookie
9	10	11	12	13
Red Chili Beef Enchiladas Spanish Rice Calabacitas Tortilla 1% Milk Fruit Cocktail	BBQ Pork Chop Sautéed Potatoes Green Beans & Mushrooms Crescent Roll Orange 1% Milk	Chef Salad Pasta Salad Dinner Roll Green Apple 1% Milk	Chicken Parmesan Mixed Vegetables Wheat Bread Warm Cinnamon Apricots 1% Milk	Salisbury Steak Mashed Potatoes & Gravy Buttered Corn Wheat Roll Tapioca Pudding 1% Milk
16	17	18	19	20
Bean Burrito w/ Green Chili Sauce Mexicorn Stewed Tomatoes Grapes 1% Milk	Carne Adovada Pinto Beans Spinach Tortilla Sliced Pears 1% Milk	Tuna Salad Sandwich Orzo Pasta w/Vegetables Tossed Salad w/Dressing Ice Cream Cup 1% Milk	Teriyaki Chicken Rice Pilaf Scandinavian Mix Dinner Roll Warm Cinnamon Apple Slices 1% Milk	Open Face Green Chili Tortilla Burger Steak Fries Steamed Cabbage Banana 1% Milk
23 Stuffed Bell Pepper Squash Cornbread Mandarin Oranges 1% Milk	24 Blackened Salmon Au Gratin Potatoes Orange Glazed Beets Wheat Roll 1% Milk Yogurt	Chicken Salad Sandwich Coleslaw Tossed Salad w/Dressing Pineapple Chunks 1% Milk	26 Beef Tips w/Noodles Broccoli w/Cheese Dinner Roll Blueberry Cobbler 1% Milk	Pork Roast w/Gravy Brown Rice Asparagus Biscuit 1% Milk Banana
30 BBQ Pork Riblet Hoagie Roll Sweet Potato Wedges Peas and Carrots Oranges 1% Milk	170 WHIK TOGUIT	1 /0 IVIIIK	1 /0 IVIIIK	1 /0 WHK Danana